



RABBI EPHRAIM

SPRECHER

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Nourishing God?

“Gd tells the Jewish People “You must guard My offering, My FOOD for My fire offering.” (Bamidbar 28) Gd calls the offering His daily “food”, for just as food sustains the body, so did the offering draw sustaining Divine life force into the world.

The Lubavitcher Rebbe explains that the constancy of the daily offerings express the

eternal bond between Gd and the Jewish People. Today we have no offerings. Thus the daily prayers were instituted to parallel the daily sacrifices and substitute for them in the absence of the Beit HaMikdash.

Thus, explains the Rebbe, our daily prayers also “sustain” Gd. If we ever doubt how important our prayers can be, we should recall that Gd considers them vital to the world’s existence and maintenance.

Therefore, prayers are as important to Gd as our daily food is to us. Prayer is the original soul food and is essential for our well being as well as Gd’s! ■

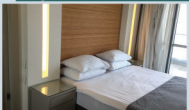
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